

Personal Financial Wellness



Lunchtime Webinar Series - 12:00-1:00pm

Employers are becoming more and more aware and responsive to the overall health of their employees, including their mental, social, and financial health. Employees who are happy and healthy in a holistic way in their personal life, are also happier and more productive at work. Providing financial education for employees can enable proactive planning for the future and help relieve stress. NWIRC is pleased to partner with PNC Bank to bring you this Personal Financial Wellness series for sharing with your employees.



Identity Protection July 13

Learn about the latest scams, how to keep your data safe, and what to do if your identity is compromised.



Reducing Your Spending August 10

Strategies that focus spending on *needs* versus *wants* to help you reduce or eliminate debt.



Spending and Credit Habits September 14

Tips for creating a budget and tracking expenses to help you reach your financial goals.



The Sandwich Generation October 12

Insights for the Sandwich Generation to help balance their own financial security with the demands of caring for both children and aging parents.



Credit Scores and Reports November 16

Understand how credit scores and reports work to help you keep your finances healthy and achieve your financial goals.



Making Budgets Work December 14

Learn to identify your personal obstacles to budgeting, decide on short and long term goals, and manage your day to day spending to increase your financial security.



Women and Investing January 11

Highlighting the challenges women face when investing for retirement and how to navigate through them.

No-Cost

#EmpowerWithNWIRC

For more information or to register: www.nwirc.org/events
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