EMPOWER

nwIRC
Driving Impact for Manufacturers

Mastering Emotional Intelligence

June 25, 2024 | 9:00am-2:00pm | St Marys

Mid-to senior level leaders will assess their own emotional intelligence (EQ) and learn to prevent the emotional hijacking that can interfere with personal intentions and organizational outcomes.

Helps leaders:

- realize how EQ affects business results
- understand how emotional hijacking interferes with values and outcomes
- recognize the five elements of EQ and learn skills to strengthen each one
- analyze your own EQ and the impact of your skill level on those around you
- identify your emotional triggers and apply techniques so you can respond effectively rather than react inappropriately

Competencies developed:

- Building and earning trust
- Emotional intelligence essentials

Instructor: Lisa Pustelak

Lisa Pustelak is NWIRC's Culture Development Manager. She develops leaders and employees with coaching and onsite or public training programs on topics such as critical thinking, leadership development, communication skills, improvement kata, strategic planning and coaching. Lisa is a certified Professional Coach through Duquesne University. She has over 20 years' experience working with small businesses, including ten years as the CEO of LEDGE Enterprises, a company she founded to help companies, Lead, Engage, Develop, Grow, and Empower their people. She's is a certified Balance Score Card Professional, a DDI Facilitator, and member of Women in Manufacturing, NTMA, National Speakers Association, and PA Business and Professional Women.

Location: Community Education Center | 4 Erie Avenue | St Marys

Cost - $299

Early-bird discount available

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For more information or to register: www.nwirc.org/events
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